

Silver Ball Dance Card

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Black Alman

- Longways set of as many couples as will fit or in a circle

1-8	4 doubles forward
9-12	Face partner, drop hands, double back, double forward
13-16	Quarter-turn left, double forward, Turn right around, double forward back to place
17-20	Face partner, Men set and turn in place,
21-24	Women do the same.
25-26	Take both hands, turn ½ way into partner's place
27-28	4 slip steps up the hall.
29-32	Take both hands, turn ½ way into partner's place; 4 slip steps down hall.
33-36	Drop hands, double backwards, double forwards

Black Nag

- Longways 3 couples

Part I		
1-8	Partners lead up a Double and fall back a Double. That again	A B1
1-2	1 st Couple take 2 hands and move up 4 slips steps	
3-4	2 nd Couple the same	
5-6	3 rd Couple the same	
7-8	All turn single right	
1-8	Repeat B1, slipping back to place in reverse order	B2
Part II		
1-8	Partners Side twice	A B1
1-2	1 st man & 3 rd woman change places back to back with 4 slip steps	
3-4	3 rd man & 1 st woman the same	
5-6	2 nd Couple the same	
7-8	All turn single right	
1-8	Repeat B1 back to place	B2
Part III		
1-8	Partners Arm right, Arm left	A

1-8	Men and Women Hey at the same time 1 st person begin by passing right shoulder Pass left shoulder in the middle and right around the ends Honor Partner	B1
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(The) Canny Moose

- A dance in the Scottish style, presented as a gift to TE Syeira and Fernando, January 25, 2014 by Lady Ursula de Stratton
- This dance encapsulates the dual spirits of our society. First it is danced as a stately and flirtatious Strathspey, perfect for long gazes and elegant movement. Then it is repeated as a lively reel, encouraging dancers to kick up their heels as their feet fly.
- Danced in a four couple square set, 64xS, 64xR

1-8	Ladies dance “the tumbleweed” – dance in front of their partners, behind the next man, in front of their opposite, and behind their corners to end in original positions. Flirting is mandatory.
9-16	Gentlemen repeat “the tumbleweed” to the right, dancing in front of their partners to begin.
17-24	Ladies dance right hands across halfway to end facing the man opposite their partners. Set to this man. Ladies dance right hands across halfway to end facing their partners, set to partners
25-32	Men dance left hands across halfway to end facing the lady opposite their partners. Set to this lady. Men dance left hands across halfway to end facing their partners, set to partners.
33-40	Grand chain, begin by giving right hands to partners for one bar and continuing around the set with one bar changes to original positions
41-48	First and third couples dance a reel of four, beginning by ladies passing left shoulders in the center as their partners set Ladies pass right shoulders with their corner, go around partner and pass left shoulders with the new lady approaching, back to place
49-56	Second and fourth couples repeat this.
57-64	Couples turn right hands into allemande hold, and allemande anti-clockwise around the set back to place.

Childgrove

- Duple minor longways, 1st couples improper – sets of 2 couples
- Inactive couples should change places with Partner at top and bottom, while waiting to enter the dance

Bars	Directions
1-4	Partners side
5-8	Partners back to back
1-8	Repeat all with Neighbor
1-4	Neighbors turn two hands once and a half, skipping, and open to face across the set
5-8	Partners turn two hands
1-8	1 st Couples figure eight through 2 nd Couples above, skipping

Female Saylor

- Playford ECD
- Line of Couples, counted 1,2
- Masters in this Hall (song)

	Directions
A1	1s lead up thru 2s above (top couple use ghosts), cast back into place 1s leading down through 2s below, cast back into place
A2	1s half figure 8 through 2s below 1s turn R hands once, face down
B1	All – back to back with neighbor All - 2 hand turn with neighbor
B2	All – back to back with partner 1s turn 2 hands, halfway, cast down WHILE 2s turn 2 hands once, moving up center to progressed place

Gathering Peascods (Turn Yourself Around)

- English Country Dance
- Circle of couples – no limit, other than space

Bars		
1-4	8 slip steps to the left	1 st Verse
5-6	Turn single (and turn yourself around)	
7-12	8 slip steps to the left, Turn Single	
		Chorus
13-18	Men go in, star right hands, walk/run around to the left and go back out to partner	
19-24	Women go in, take hands, slip around right and turning around as you go back out to partner	
25-26	: Men double forward and clap (or do Manly arm things), return	
27-28	Women double forward, curtsy and return	

29-32	Men double forward and clap (or do Manly arm things), go back to partner, turning single	
33-40	Repeat from : (Bar 25), with women going first	
		2 nd Verse
41-44	Side Right with your partner	
45-46	Turn Single (and turn yourself around)	
47-52	Side left with your partner, turn single	
		Chorus
53-58	: Women go in, take hands, slip around left and go back out to partner	
59-64	Men go in, star right hands, walk/run around to the left and go back out to partner	
65-66	Women double forward and clap, go back	
67-68	Men double forward and clap (or do Manly arm things), go back to partner, turning single	
69-84	Repeat from : (Bar 53), with men going first	
		3 rd Verse
	Arm right with Partner	
	Turn yourself around	
	Arm left with Partner	
	Turn yourself around	
		Chorus
	Repeat First Chorus to end of music, ending with a reverence to your partner	

Heart's Ease

- Playford ECD
- Set of 2 Couples, facing

	Directions
1-4	Double towards the other, double away
5-8	Repeat
9-10	Face your partner and double backwards
11-12	Double towards partner (pysch)
13-16	Turn your contrary by the right
17-18	Face your contrary and double backwards
19-20	Double towards contrary (pysch)
21-24	Turn your partner by the left
1-4	Side right with your partner
5-8	Side left with your contrary
9-24	Repeat Chorus
1-4	Arm right with your partner
5-8	Arm left with your contrary
9-24	Repeat Chorus

Hole in the Wall – Pavane with and without ‘sharking’

- Longways set of couples, numbered Ones and Twos. Ones move down the line, while Twos move up
- Sharking occurs when spectators slip into a place before the dancer does. Body contact is forbidden. Sharking can be done singly or as a couple. It is the responsibility of the Shark to maintain the continuity of the dance

1-8	First couple casts off around Twos, Lord leads Lady up the middle back into place
9-16	Second couple casts off around Ones, leads down the middle back into place
17-24	1 st Lord/2 nd Lady change places (4 counts) 2 nd Lord/1 st Lady change places (4 counts)
25-32	All hands halfway around
33-40	Ones cast down, pulling Twos forward between them to progress to next couple

Jenny Pluck Pears

- English Country Dance
 - 3 Couples
- i. 1st Verse
 - a. Take hands in a circle, 8 slip steps to the left
 - b. Drop hands, face partner, set and turn single
 - c. Take hands in a circle, 8 slip steps to the right
 - d. Drop hands, face partner, set and turn single
 - ii. Chorus
 - a. 1st Lord places 1st Lady into the center, facing him
 - b. 2nd Lord does the same
 - c. 3rd Lord does the same
 - d. All reverence
 - e. Men skip clockwise around the circle
 - f. Men skip counter-clockwise around the circle
 - g. Men hand the women out in same order
 - h. All reverence
 - iii. 2nd Verse
 - a. Side right (shoulders)
 - b. Set and turn single
 - c. Side left
 - d. Set and turn single
 - iv. Chorus (women hand in the men)
 - v. 3rd Verse
 - a. Arm right
 - b. Set and turn single
 - c. Arm left
 - d. Set and turn single
 - vi. Chorus (women hand in the men)

Juice of Barley

- Playford
- Longways set of as many couples as will fit, face partners
- Couples 1 will be going down dance line, Couples 2 will be coming up

1-4	Back to back with partner (do si do)
5-8	2 hand circle skip with partner
9-12	Men ½ figure 8 through women, 1 st man leading
	Everyone clap
13-16	All hands circle
17-20	Women ½ figure 8 through men, 1 st woman leading
	Everyone clap
21-24	All hands circle
	Repeat Set to end of song

Karabushka

- modern Russian, SCA adoption
- circle of couples in promenade hold, men on the inside
- This dance has Attitude
- Repeat from the beginning – music speeds up each time
- Very last 2 notes – Men go down on one knee and direct the women to sit on the other knee

1- 4	2 single steps/stomps to the Right, 2 to the Left
5 - 6	Single right, single left (almost a Monkee walk)
7-8	Woman turns under, Face each other; forcefully drop hands
9 -10	Spin away from each other in 3 steps – Clap
11-12	Spin back in 3 steps – Clap twice
13-14	Take both hands; Step together/step apart
15-16	Woman spins under - partners trade places

17-22	Couple spins away from each other in 3 steps, clap; Couple spins back together in 3 steps, clap twice; Step together/step apart
23 -24	Woman spins under - partners trade places and are back in Promenade positions

La Bastringue

- Traditional French
- 2/4 time, circle with Ladies on Left

Count	Directions
1-8	All advance 3 steps and close/stomp, retire 3 steps and close/stomp, repeat
9-16	Circle round to the L w/shuffle step for 4 bars, back to the R for 4 bars
17-24	Men turn partner 1 1/2 into ballroom hold, swing to end of phrase
25-32	Men bring ladies to R (arm around waist), travel around circle and end w/L on the R,
	Begin again with new partner on the L

Maltese Bransle (Schiarazula Marazula)

- 2 lines of dancers, usually men facing women, moving in opposite directions
- Sets repeat, each time moving faster and faster

Step 4 to your left, step 4 to your right (Repeat)
Turn (over left shoulder) 4 count
Turn (over right shoulder) 4 count

Mannschaft Pavane

- SCA Court Dance
- A longways set of 8 couples
- Partners, then 4s, then whole group, then 4s, ending with partners

Bars		
1-16	Single right, Single left, Double (forward) Single right, Single left, Double (backward) On the last count, face your partner)	Pavane Set (2x)
17-24	Palm left for two counts <i>Facing each other step towards your partner with the left foot, at the same time, raise the left hand, palms outwards so the palms almost touch. Step back to start, dropping hands.</i> Palm Right for two counts. Palm left and change places	First Figure Women always lead with left hand

	Palm Right for two counts Palm Left for two counts. Palm Right and change places	
25-32		Pavane Set
33-40	Women Palm Left into centre for two counts Men Palm Right into centre for two counts Women Palm Left and change places counter-clockwise Men Palm Right for two counts Women Palm Left for two counts Men Palm Right and change places clockwise	2 nd Figure (2 couples turn in and face each other)
41-48		Pavane Set
49-56	Women Palm Left into centre Men Palm Right into centre Women Palm Left and change places counter-clockwise Men Palm Right Women Palm Left Men Palm Right and change places clockwise for four counts (<i>change in partners?</i>)	3 rd Figure (Groups of 8 turn in a face each other)
57-64	Repeat 3 rd Figure	
65-72		Pavane Set
73-80	Repeat 2 nd Figure	
81-88		Pavane Set
89-96	Repeat 1 st Figure	

Montarde Bransle

- Lines of dancers
- Dancers follow the leader around the room

Bars	Directions
1-8	Double Left (8x)
9-10 11-12 13-14 15-16	1 st person turns in place with 4 kicks 2 nd person does likewise 3 rd person does likewise 4 th person does likewise
17-24	1 st person weaves down the line, flirting as they go With new leader entire line doubles left 8 times, weaving and wandering around the room, in and out of other lines, if possible
	Repeat from beginning until music ends

Mr. BevrIDGE's Magot

- Playford, 1695
- Duple minor, proper set

Bars	Directions
1-8	1 st Couple, pass right shoulder to opposite sides, Honor the 2s Back to back with the 2s
9-16	1 st Couple turn single turn RH with the 2s on the sides then turn LH halfway to get home
17-24	1st Couple cross and cast down around the 2s to end in the center of a line of four facing up WHILE 2s back to back and fall back onto the ends of the line.
25-32	Lead up a double and back 1 st Couple cross, leading up then down around 2s to cast into progressed places.

Newcastle

- Playford ECD
- Round dance for 4 Couples, numbered 1-4 and holding hands

	Directions
1 st Verse	
1-8	DL forward, DR back into center
9-12	Set Left Set Right to your partner
13-16	Set L, Set R to your corner
17-32	Repeat all, end facing partner
1 st Chorus	
1-4	Partners take right arms and walk round a full circle with 1 DL, ending with men in the center of the circle.
5-16	Walk or skip forwards around the circle for a count of twelve to end where you began. Men place their left hands in the center and travel anti-clockwise along an inner circle while ladies travel in the opposite direction around the perimeter.
17-20	When you meet up with your partner, join right arms and change places with a double
21-32	Walk or skip forwards around the circle for a count of twelve to end where you began. Ladies place their hands in the center and travel counter clockwise along an inner circle while men travel in the opposite direction around the perimeter
2nd Verse	
1-8	Side left with your partner
9-16	DLf, DRf Changing places with your partner and passing to the left, meeting up with the partner of the person in front of you. In other words, men will have changed partners once anticlockwise around the circle, and ladies will have changed partners, one place clockwise around the circle. Since there is not far to travel, these doubles can be done at an angle, so the men go into the center and back out while the ladies walk out and back to meet.
17-32	Repeat all the above so that you have now changed partners twice. End by facing into the center of the circle. Couples 1 and 3 have now changed partners, as have couples 2 and 4.
2 nd Chorus	
1-8	Couples 1 and 3 DLf to the center, turn and DLf back to position, ending by forming their arms into an arch, hands together
4-16	While the odd couples double back to position above, couples 2 and 4 cast off to meet their original partners and come through the arch, break hands and fall back to their positions.
17-32	Repeat all in section 2, but with odd and even couples interchanging roles

3 rd Verse	
1-8	Arm Left
9-16	DLf, DRf Changing places with your partner and passing to the left, meeting up with the partner of the person in front of you.
17-32	Repeat the preceding section
3 rd Chorus	
	Couples 2 and 4 hold hands and join hands with a member from their adjacent odd counterparts and thus form two distinct lines facing the left and right sides of the hall.
1-8	DLb, DRf (Double back and then forward)
9-12	TL (turn over left shoulder and
13-16	DLf (change places with the person opposite)
	The odd couples now hold hands and join hands with the even-numbered person to either side of them to form two distinct lines again. However, these will now be facing the front and back of the hall rather than the sides.
1-8	DLb, DRf (Double back and then forward)
9-12, 13-16	TL (turn over left shoulder and DLf (fall back to your original position)

Official Bransle (Toss the Lady)

- A line or circle of couples
- The idea is to NOT throw the lady into the ceiling

Bars	Directions
1-8	Double left, Double right (twice)
9 - 14	6 Grapevine steps to the left
15	During the 7th step, the lady steps in front of the partner
16	During the 8th step, the woman jumps and the man moves her to the left Everyone has a new partner

Queen's Alman

- Byrd, 15
- Circle or Line of as many couples

Bars	Directions
1-8	DLh DRh DLh DRh (4 Doubles forward with hops)
1-4	DL DRb (Double forward and Double back)
5-8	SLs SRs TL (Set and turn, ending facing front)
9-16	Repeat
	The entire dance then repeats until the music runs out

Picking of Sticks

- Playford, 1650
- English Country Dance
- A longways proper set of 3 couples

		1 st Verse
1-8	Forward a Double and back and again	
		Diagonal Change Chorus
9-12	Lord 1 changes with Lady 2, passing right shoulders Lord 1 changes with Lord 3	
13-16	Double forward on left Double back on right	
17-20	Lady 1 changes with Lord 2, passing right shoulders Lady 1 changes with Lady 3	<i>Lord 1 is now in Pos 3</i>
21-24	Double forward on left Double back on right	
25-32	Repeat as above (9-24)	<i>Lord 1 is now in Pos 2</i>
33-40	Repeat as above (9-24) ((1.09))	<i>All in original places</i>
		2 nd Verse
1-8	Side Right and Left with your partner	
		Around the World
9-16	Couple 3 – slip steps around other couples in a big circle; Lady crosses on the inside At the same time – C 1 joins hands and slips down the line between C 2, who slips up the line (outside), thereby changing places. C2 now joins hands and slips down the line, inside of C 1, who slips up the line.	<i>Each change takes 4 beats</i>
17-24	Repeat with C1 going ‘around the world’ and C2 & 3 changing places, with C2 slipping down the inside first	
		3 rd Verse
1-8	Arm right and Left with your Partner (full circle)	
		Men’s Sheepskin Hey
9-32	1 st Lord leads men to begin winding down the line of women. When they reach Lady #3, they loop around her and weave back up the line. However – Lord #3 always takes a short cut around Lady #2 to become the leading man. Repeat 3 times until the first man is again in front and leads them out the top, around the far side of the women and back to place.	
		Women’s Sheepskin Hey
33-56	1 st Lady leads women to begin winding down the line of men. (same as the Men’s)	

Ruffy Tufty

- English Country Dance, Playford, 1st Edition, 1651
- A square set of 2 couples facing each other

- As many squares as will fit on the floor, staggered

Bars		
1-8	Double forward and back. Repeat	1 st Verse
9-16	Set and turn single, repeat	Chorus
17-22	Take partner's hand, double out, turn (inside) around and switch hands; Double back, Turn single (outside)	
23-28	Take contrary's hand, double out, turn around (inside) and switch hands; Double back; Turn single	
29-36	Siding (pass right shoulders, then left)	2 nd Verse
37-56		Chorus
57-64	Arming (hook right arms around, then left)	3 rd Verse
65-86		Chorus

Reel for Jeannie

- Scottish Country Dance
- Four Couples, longwise set

1-8	All circle 8 hands round and back
9-16	1 st Couple take both hands and slip down the middle and back
17-24	1 st Couple followed by 2s, 3s, and 4s cast to bottom, 1 st Couple make an arch, 2s, 3s, and 4s dance under and up (2s end in 1 st)
25-32	All clap 8 times and turn partners right hands once round back to place

Sellenger's Round

- 5 complete verses
- Round for as many as will

	Directions
Part I	
1-8	All take hands and circle eight slips to the left and eight back
Chorus	
1-2	All set forward to center (no hands)
3-4	Fall back a double to place
5-8	Partners – Set and turn single
1-8	Repeat Chorus
Part II	Repeat Part I (if music allows)
Part III	
1-8	Partner side twice
1-16	Chorus
Part IV	
1-8	Partners arm right, arm left
1-16	Chorus
Part V	Repeat Part I

Strip the Willow

- Scottish Country Dance
 - Lengthwise set of 4 couples, as many sets as desired
- i. 1st Couple (down the set)
 - a. take right arms and turn around 2.5 times
 - b. 1st Lady and 2nd Lord – left arm turn (*going down the line of dancers*)
 - c. 1st Couple – right arm turn
 - d. 1st Lady and 3rd Lord – left arm turn
 - e. 1st Couple – right arm turn
 - f. 1st Lady and 4th Lord – left arm turn
 - ii. 1st Couple (up the set)
 - a. 1st Couple – right arm turn
 - b. 1st Lord and 4th Lady – left arm turn (*going back up the line of dancers*)
 - c. 1st Couple – right arm turn
 - d. 1st Lord and 3rd Lady – left arm turn
 - e. 1st Couple – right arm turn
 - f. 1st Lord and 2nd Lady – left arm turn
 - iii. 1st Couple (down the set)
 - a. 1st Couple – right arm turn
 - b. 1st Couple and 2nd Couple – left arm turn (*going down the line of dancers*)
 - c. 1st Couple – right arm turn
 - d. 1st Couple and 3rd Couple – left arm turn
 - e. 1st Couple – right arm turn
 - f. 1st Couple and 4th Couple – left arm turn
 - g. 1st Couple spin together to end of measure
 - iv. 2nd Couple (who is now the 1st) repeats from 1.a

Trenchmore

- Scottish Reel
- Line of as many couples

	Directions
	Double up and back (2x)
	First couple drop hands and lead their line down to the end, outside the group, joining hands as they meet and everyone comes back to original positions
	First couple – lady turn under to switch places and face down the line
	Go under the arch of the next couple, create an arch for the 2 nd couple, under the 3 rd , over the 4 th , etc.
	At the beginning and the end of the line – Lady turns under to switch places and head the opposite direction.
	First Couple – join right hands (elbows) and turn around until you face your corner
	Left hand turn with corner

	Right hand turn with partner, continuing down the line (all clap)
	New First Couple, dance repeats until music ends

Some (modern) English Country Dance terms

Active Couple - for long-ways sets with more than one couple dancing, the active couple is the couple doing the more complicated movement during any given portion of the dance. For duple dances, that is every other couple, and for triple dances, every third couple is the active couple. The term is applicable to triplet dances, where typically the active couple is the only couple that is active. In the seventeenth and eighteenth centuries, only the active couple—the "1st couple"—initiated the action, other couples supporting their movements and joining in as needed, until they also took their turn as leading couples.

Arm right (or left) - couples link right (or left) arms and move around in a circle, returning to their starting positions.

Back to back - facing another person, move forward passing right shoulders and fall back to place passing left. May also start by passing left and falling back right. Called a do si do in other dance forms (and dos-à-dos in France).

Balance back - a single backward.

Both hands - two dancers face each other and give hands right to left and left to right.

Cast - turn outward and dance up or down outside the set, as directed. The instruction "cast off" is frequently synonymous with "cast down".

Changes (starting right or left) - like the circular hey, but dancers give hands as they pass (handing hey). The number of changes is given first (e.g. two changes, three changes, etc.).

Chassé - slipping step to right or left as directed.

Circular hey - dancers face partners or along the line and pass right and left alternating a stated number of changes. Usually done without hands, the circular hey may also be done by more than two couples facing alternately and moving in opposite directions - usually to their original places. This name for the figure was invented by Cecil Sharp and does not appear in sources pre-1900. Nonetheless, some early country dances calling for heys have been interpreted in modern times using circular heys. In early dances, where the hey is called a "double hey", it works to interpret this as an oval hey, like the modern circular hey but adapted to the straight sides of a longways formation.

Clockwise - in a ring, move to one's left. In a turn single turn to the right.

Contrary - your contrary is not your partner. In Playford's original notation, this term meant the same thing that Corner (or sometimes Opposite) means today.

Corner - in a two-couple set, the dancer diagonally opposite, i.e., the first man and the second woman, first woman and second man.

Counter-clockwise - the opposite of clockwise - in a ring, move right. In a turn single, turn to the left.

Cross hands - face and give left to left and right to right.

Cross over or Pass - change places with another dancer moving forward and passing by the right shoulder, unless otherwise directed.

Cross and go below - cross as above and go outside below one couple, ending improper.

Double - four steps forward or back, closing the feet on the 4th step (see "Single" below).

Fall (back) - dance backwards.

Figure of 8 - a weaving figure in which dancers pass between two standing people and move around them in a figure 8 pattern. A Full Figure of 8 returns the dancer to original position; a Half Figure of 8 leaves the dancer on the opposite side of the set from original position. In doing this figure, the man lets his partner pass in front of him in some communities; others prefer the rule of "the dancer coming from the left-hand side has right of way". A double figure of 8 involves four dancers tracing a whole figure of eight around the (now unoccupied) positions of the other couple; half the dancers typically start going around the outside first. Arn Hold tradition states that the Lady is always right, meaning she has the right of way and the gentlemen get to dodge.

Forward - lead or move in the direction you are facing.

Gypsy - two dancers move around each other in a circular path while facing each other.

Hands across - right or left hands are given to corners, and dancers move in the direction they face.

Hands three, four etc.. - the designated number of dancers form a ring and move around in the direction indicated, usually first to the left and back to the right.

Hey - a weaving figure in which two groups of dancers move in single file and in opposite directions (see circular hey and straight hey).

Honour - couples step forward and right, close, shift weight, and curtsey or bow, then repeat to their left.

Lead - couples join inside hands and walk up or down the set.

"Mad Robin" figure - a back to back with your neighbor while maintaining eye-contact with your partner across the set. Men take one step forward and then slide to the right passing in front of their neighbour, then step backwards and slide left behind their neighbour. Conversely women take one step backwards and then slide to the left passing behind of their neighbour, then step forwards and slide right in front of their neighbour. In some versions, the dancer who is going outside the set at the moment casts out to begin that motion. The term Mad Robin comes from the name of a dance which has the move and was adopted into contra dancing (as a move for all four dancers, unlike the original English dance, where only one couple does it a time) before being readmitted as an all-four figure into English in modern dances.

Neighbour - the person you are standing beside, but not your partner.

Opposite - the person you are facing.

Pavane – Slow, processional type of dance

Poussette - two dancers face, give both hands and change places as a couple with two adjacent dancers. One pair moves a double toward one wall, the other toward the other wall. In this half-poussette, couples pass around each other diagonally. To complete the poussette, move in the opposite direction. Dancers end in their original places. In a similar movement, the Draw Poussette, the dancing pairs move on a U-shaped track with one dancer of the pair always moving forwards.

Proper - with the man on the left and the woman on the right, from the perspective of someone facing the music. **Improper** is the opposite.

Right & left - like the circular hey, but dancers give hands as they pass (handing hey).

Set - a dancer steps right, closes with left foot and shifts weight to it, then steps back to the right foot (right-together-step); then repeats the process mirror-image (left-together-step). In some areas it is done starting to the left. It may be done in place or advancing. Often followed by a turn single.

Siding - two dancers, partners by default if not otherwise specified, go forward in four counts to meet side by side, then back in four counts to where they started the figure. As depicted by Feuillet, this is done right side by right side the first time, left by left the second time.

Single - two steps in any direction closing feet on the second step (the second step tends to be interpreted as a closing action in which weight usually stays on the same foot as before, consistent with descriptions from Renaissance sources).

Slipping circle (left or right) - dancers take hands in a circle (facing in) and chassé left or right.

Hands across or Star - some number of dancers (usually four) join right or left hands in the middle of their circle (facing either CW or CCW). The dancers circle in the direction they face.

Straight hey for four - dancers face alternately, the two in the middle facing out. Dancers pass right shoulders on either end and weave to the end opposite. If the last pass at the end is by the right, the dancer turns right and reenters the line by the same shoulder; vice versa if the last pass was to the left. Dancers end in their original places.

Straight hey for three - the first dancer faces the other two and passes right shoulders with the second dancer, left shoulder with the third - the other dancers moving and passing the indicated shoulder. On making the last pass, each dancer makes a whole turn on the end, bearing right if the last pass was by the right shoulder or left if last pass was by the left, and reenters the figure returning to place. Each dancer describes a figure of eight pattern.

Swing - a turn with two hands, but moving faster and making more than one revolution.

Turn - face, give both hands, and make a complete circular, clockwise turn to place.

Turn by right or left - dancers join right (or left) hands and turn around, separate, and fall to places.

Turn single - dancers turn around in four steps. '**Turn single right shoulder**' is a clockwise turn; '**turn single left shoulder**' is a counterclockwise turn.

Up a double and back - common combination in which dancers (usually having linked hands in a line) advance a double and then retire another double.