

Moose Call

FIRST OF SUMMER

First of summer, lovely sight, season of perfection!
At the slightest ray the sun sends, blackbirds sing their full song.

The hardy vigorous cuckoo calls all hail to high summer.
The bitter weather is abated when the branched woods were torn.

Summer dries the stream down small, the swift herd searches for a pool.
Heather spreads its hair afar. The pale bog-cotton, faint, flourishes.

Buds break out on the hawthorn bush. The sea runs its calm course--
the salt sea the season soothes. Blossom blankets the world.

Bees' feet, with tiny strength, carry their bundles, sucked from blossom.
The hill-fields call to the cattle. Ants are active in swarming plenty

The woods' harp works its music; the harmony brings total peace.
Dust blows out of all our houses, haze blows from the brimming lake.

The sturdy corncrake-poet speaks. The cold cataract calls its greeting
down to the warm pool from on high. Rushes begin to rustle.

Slim swallows flash on high: living music rings the hill.
Moist fruits grow fat and heavy.....the marsh.....

...the lovely marsh: grass in a fine, packed path.
The speckled fish makes a leap at the swift fly--worthy warriors.

Man thrives: all things flourish. The great slopes are full of gifts.
Each forest glade is shining bright, and bright each broad and lovely plain.

The whole season full of wonder: winter's harsh wind is gone.
The fruitful woods are fair. Summer is a great ease.

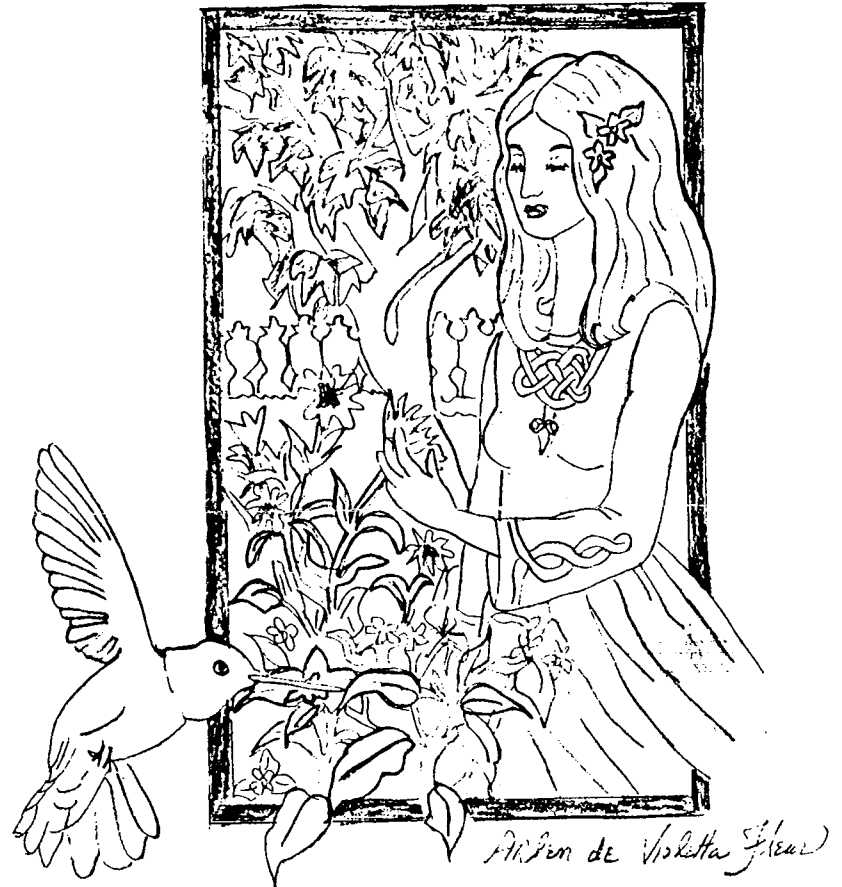
A flock of birds settles to earth: they have seen a woman there.
The green field echoes where a stream runs brisk and bright.

Horse riding; wild ardour; ranked hosts ranged around.
Tree-white freed across the land, giving up an iris-gold!

A delicate and timorous thing is singing ceaseless in the air,
and rightly, from a full throat: 'First of summer, lovely sight!'

Ninth century anonymous, translated from the Irish by Thomas Kinsella

April 89



Arise de Violetta (leu)

OFFICER'S CALL

SENECHAL ----- Lord Veorn Natthawk (Lynn Bass)
Farspeaker: 888-5832

HERALD -----Yehudah ben Avram (Robert Parker)
Farspeaker: 345-7613

REEVE -----Ingvarr (Gary Ackaret)
Farspeaker: 336-4058

MISTRESS OF ARTS ---Renate Gabriele Granvogl von Ramsau (Susan Lawrence)
Farspeaker: 939-8233

KNIGHT MARSHAL (acting)----- Morgan d'Antloch (Dan Wickstrom-Yukl)
Farspeaker: 344-7202

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Farspeaker: 345-7613

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The Moose Call is a newsletter published by and for the members of the Shire of Arn Hold. It is not an official publication of the Society for Creative Anachronism Inc., and does not delineate official Society policy.

Lady Livia's Larder

Anise

Anise seeds have been a valued commodity for centuries. Pythagoras, better known for mathematics than medicine, believed that seizure could be warded off merely by holding the plant. Pliny the Elder suggested placing anise sprigs on your pillow if you were troubled by bad dreams. Gerard claimed that anise stirred up bodily lust, and also cured the hiccoughs. During the time of Edward I (of England) anise became a taxable commodity. It is an annual herb, native to Egypt, Greece and Asia Minor propagated by seeds. Romans made a cake called mustacae to eat at the end of a feast. It included anise, which as supposed to aid digestion. These cakes were especially apparent after marriage feasts, and were probably the forerunners of modern wedding cakes. In Elizabethan times, anise was often added to gingerbread in order to ensure the cook good fortune.

A recipe for Blancmange (White-dish) dating to the time of Richard II which uses anise follows:

White-dish (from To the King's Taste)

2 lg. chicken breasts	2 T ice water	
2 1/2 c. water	1 c. rice	garnishes:
1 1/4 t. salt	1 T. butter	3-4 T. crushed anise seed
1/2 c. blanched almonds	4 t. lt. brown sugar	1/4 c. slivered almonds

- 1) Boil breasts in 2 1/2 c. water and salt approx. 15 minutes or until done.
- 2) Grind almonds with ice water in blender or mortar & pestle.
- 3) Remove chicken from stock, reserving stock.
- 4) Combine stock with almonds and let stand for about 10 minutes.
- 5) Cook rice in this fluid with lt. salt, butter and brown sugar.
- 6) Bone and dice chicken breasts; add chicken to rice mixture and stir.
- 7) Garnish with anise and almonds.

Serves 4-6 (or 3 Vikings)



Gentlesolk, lend me your ears - for I have
a proposition to lay before you -

Since my mistress, owner of the esteemed eatery
The Quality Quail (or the Peasant's Pheasant,
depending upon which door you use), Lady Olivia,
a temperate and god-fearing woman, has taken
herself away to the Baths for reasons of health,
you will not be able to sample her wares... until
she is fully recovered. But, if you promise not to
tell her of my whereabouts - for I know she would
have me soundly beaten for running away (Mary,
with good reason, for I am a sinful creature!), I
will try to share with you some of the knowledge
she has given me. You must bear with me, for the
Saints know that I am no scholar, and my letters
are very rough, though my lady has tried to teach
me better... And so, both shall profit. You, by learning
tempting recipes to tempt what you will; and I,
by gaining fleeting freedom to do what I will!

So, what say you?

CoP

Calendar of Events

Apr. 2	Shire meeting
Apr. 8,9	Coronet List (Otherhill)
Apr. 9	Tatting workshop
Apr. 18	Needle case workshop
Apr. 22	Baronial Arts and Sciences (Loch Salaan)
Apr. 30	Croquet at Julia Davis Park
May 7	Shire meeting
May 9	Tatting workshop
May 21	Pincushion workshop
June 4	Shire meeting
June 10	RenFaire
June 17	Cherry Festival and Fantasy Arts Convention
July 9	Shire meeting
July 15,16	First Outlands/Atenveldt War (Draca Mor)

NEWS AND EVENTS

Fighter practices will be on the 1st and 3rd Sundays of the month. They will be held at 2:00 PM at Lord Veorn's brother's farm in the barn. This will also be a time for others to get together and talk or practice their arts and sciences. Any mid month announcements will be made at this time and location as well.

Threads Guild meets every first Tuesday at Lady Catronia's house, 661 S. Curtis, Apt 32.

NOTICE:



A principality directory is being created to aid communication between members of the populace of the Principality of Artemisia and to create a full list of the populace. This list will include names, addresses, phone numbers, awards, titles, and interests in society. If for any reason you wish not to be included or if you have any suggestions please send a note to:

Elisabeth c/o Sharon Cates
C213 Van Cott Hall
University of Utah
Salt Lake City, Utah 84112

I must have any suggestions and any other information by March 31, 1989 in order to have the directory finished by the third Artemisian Investiture. Please give the above information to your chronicler or seneschal as soon as possible as they have a deadline also. If you do not want to be included wholly I would ask that your society name, titles, awards, and interests be printed without any mundane information so we know you exist.

Thank you very much,
Elisabeth

Crafts displays are needed for libraries in Meridian and Nampa, for the months of September and October




It must be spring (or close enough anyway) because I am going to try and do tatting workshops again. I am also going to be doing a series of workshops on different types of embroidery. The first one will be on Linen Stitches and we will be making a needle case using the stitches learned in the workshop. The second will be on Hardanger and we will make a pincushion using the stitches learned in that workshop. The third workshop will be on Brazilian Embroidery which is a three dimensional embroidery. For that workshop we will make a scissor case. I am also considering doing workshops on Blackwork, Whitework and Drawnwork if enough people are interested. Workshops are open to anyone who wants to learn (this includes any of you men who want to learn). Until then, Happy Stitching,

ELs

April 9 - Tatting Workshop 2:30 my home
Bring your tatting shuttle wound with your choice of thread (10 or 20 weight thread). We will be doing an edging of rings with picots. If you don't have a tatting shuttle or want to try it before you buy one I will have a few that people can borrow for the workshop. If you have any questions or if you need directions call me 342-1385 (Lady Els)

April 18 - Needle Case Workshop in Linen Stitches
7:30 at my home
We will be using a variety of linen stitches to make this project. Materials needed; 26 or 27 count linen, felt square embroidery floss, 1 tapestry needle size 24 or 26 (most of these items can be purchased at Fred Meyers)
If you don't want to buy the full packages you can purchase enough for the project from me for \$1.50 and then just be your own floss. If you use an embroidery hoop please bring your own. If you have any questions or if you need directions please call.
Lady Els 342-1385



May 9 - Tatting Workshop 7:30 home of Lady Els
We will be working on the clover leaf edging. Please bring your tatting shuttle wound with thread (size 10 or 20 weight) and bring a ball of thread of the same weight but a different color. Again if you don't have a tatting shuttle or want to try tatting before you buy one I will have a few available to use during the workshop. If you have any questions or need directions call me.
Lady Els 342-1385

May 21 - Pincushion Workshop in Hardanger
Home of Lady Els at 2:30
We will be learning the basic hardanger stitches for this project. Materials needed; Hardanger fabric (22 count) linen can also be used (26 or 27 count), pearl cotton size 5 embroidery floss the same color as your pearl cotton, 1 tapestry needle size 24 or 26
If you would rather purchase enough for just the project I will have materials available for \$2.00 this includes your thread. Please use your own embroidery hoop if you use one. If you have questions or need directions please call. Lady Els 342-1385

In June we will be doing a scissor case in Brazilian Embroidery, but I have not picked the date for that workshop.

