

Moose Call

Maienzzeit bannet Leid

18

Neidhart von Reuenthal (1180 - 1240)



2. Alles Leid bannet weit Maienzzeit! Schürz dein Kleid, junge Maid, jetzt flink zum frohen Reihn! Band und Kranz, Perlenglanz, schmück dich ganz für den Tanz hold und heiter in dem jungen Maien! Hell ertönt das Klingen der Schalmeien durch den Wald, daß es hallt tausendfalt. Jung und alt schwingt sich heut im flinken, frohen Reihn.

May



Präsen de Violetta Fleuer

OFFICER'S CALL

SENECHAL ----- Lord Veorn Natthawk (Lynn Bass)
Farspeaker: 888-5832

HERALD -----Yehudah ben Avram (Robert Parker)
Farspeaker: 345-7613

REEVE -----Ingvarr (Gary Ackaret)
Farspeaker: 336-4058

MISTRESS OF ARTS ---Renate Gabriele Granvogl von Ramsau (Susan Lawrence)
Farspeaker: 939-8233

KNIGHT MARSHAL (acting)----- Morgan d'Antioch (Dan Wickstrom-Yukl)
Farspeaker: 344-7202

CHRONICLER ----- Rahe! bat Sara (Nancy Parker)
Farspeaker: 345-7613

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The Moose Call is a newsletter published by and for the members of the Shire of Arn Hoid. It is not an official publication of the Society for Creative Anachronism Inc., and does not delineate official Society policy.

Lady Breanna's Stone Soup (Society modern)

2 1/4 lb. lean round steak or stew meat	1 t. rosemary
(beef or venison work equally well)	1 t. basil
2 lg. onions, diced	1 t. thyme
1 lb. carrot, peeled and sliced	salt and pepper to taste
3 stalks celery, sliced	2 T. cornstarch
2 c. chablis	1/4 c. water
2 c. water	parsley to garnish

- 1) Cube and saute meat.
- 2) Add onion and green pepper. Cook until tender.
- 3) Add carrots, celery, wine, water and spices. Bring to a boil
- 4) Cover and simmer approximately 1 hour.
- 5) Combine cornstarch and 1/4 c. water. Add gradually to simmering mixture. Stir until thickened.
- 6) Garnish and serve.

Makes 8 servings

*Stew ingredients can be cut or diced while at home and carried to the site in small containers to make this dish easier to prepare at events. (hint: carrots and celery may be packed together, but onions should not be packed with anything else). Also, purists may want to thicken with flour or breadcrumbs instead of cornstarch.

Gingerbread (from To the Queen's Taste)

1 c. honey	1/8 t. cinnamon	1 T. anise seeds
1/4 t. ginger (heaping)	1/8 t. ground anise	
1/8 t. ground cloves	1 3/4 c. dry bread crumbs	

- 1) In the top of a double boiler, heat honey and add all spices except anise seeds.
- 2) Add bread crumbs and mix thoroughly. Cook about 15 minutes. (Mixture should be thick and moist)
- 3) Place on waxed paper and fold over paper to mold a square.
- 4) Sprinkle anise seeds on the top and press lightly into the dough.
- 5) Cover and refrigerate for 2 hours. Cut into thin slices and serve at room temperature.

Serves 8

FASCINATING FOOD FACTS

Do you know the origin of the phrase "to give someone the cold shoulder" dates to our period? True. Guests who arrived after hours at the Keep without forewarning were often presented with the shoulder of whatever the residents of the house had enjoyed for dinner. Keep in mind, the shoulder is not a prime cut of meat, often full of bone and gristle. Hence, the modern connotations of the phrase.

Lady Livia's Larder

Basil is a native of India, where it has long been considered a plant sacred to Vishnu and Krishna. Hippocrates used it as one of his medicinal herbs, and ancient Greeks pressed sprigs of basil into a friend's hands to warn him that an enemy was on his way. In Tudor England, small pots of basil were often given as housewarming presents, as its presence was thought to repel fleas. It was also considered to be a wart cure, and dried leaves were used as snuff which it was believed would clear the head and cure nervous headaches. Italians have long viewed basil as a symbol of love. A pot of basil on the balcony was a sure sign that the lady inside was ready to receive her suitor; if the suitor wore a sprig of basil, his intentions were sincere. Although period herbalists were sometimes reluctant to recognize its culinary merits, basil does make a welcome addition to egg and cheese dishes.

Welsh rarebit (or rabbit) is a traditional dish in which cheese is substituted as a peasant's answer for meat.

Rabbit (Traditional)

4 1/2 c. grated cheddar cheese
(Sharp is good, so is Cheshire)
1/2 t. basil
3-4 strips of bacon, crumbled (opt.)

1/2 t. salt
1/2 c. lager beer or milk or cream
4-6 pieces of toasted bread

- 1) Combine cheese and seasonings in the top of a double boiler. Stir until cheese begins to melt.
- 2) Gradually add beer (cream or milk), stirring constantly until the mixture is smooth.
- 3) Serve hot on toast wedges, sprinkled with bacon.

Serves 4-6

FASCINATING FOOD FACTS

A survival of medieval table etiquette survives in the modern tradition of uplifted pinkie finger when properly drinking tea. During medieval times one used ones fingers to lift tidbits from bowl to lips, and also for putting spices (salt or pepper) on one's food. Out of consideration to the others at the table, one would keep one finger free from the food to use at the spice cellar--traditionally the smallest.



Calendar of Events

May 7	Shire meeting
May 9	Tatting workshop
May 13, 14	Artemisian Collegium (1000 Eyes)
May 20	Rites of May (details elsewhere)
May 21	Pincushion workshop
June 4	Shire meeting
June 10	RenFaire(details from Lord Einendoch)
June 17	Cherry Festival and Masked Ball (details elsewhere)
June 17, 18	Fantasy Arts Convention (details elsewhere)
July 9	Shire meeting
July 15, 16	First Outlands/Atenveldt War (Draca Mor)
July 23	Arts and Sciences College and Competition (details elsewhere)

NEWS AND EVENTS

Fighter practices will be on the 1st and 3rd Sundays of the month. They will be held at 3:00 PM at Julia Davis Park.

Threads Guild meets every first Tuesday at Lady Catronia's house, 661 S. Curtis, Apt 32.

Crafts displays are needed for libraries in Meridian and Nampa, for the months of September and October

Congratulations to Teleri ferch Lludd on the birth of Carissa Michelle on February 28.

Music practices will be held at Renate's house every Tuesday. See announcement elsewhere.

UNTO THE POPULACE OF THE SHIRE OF ARN HOLD

I, Lord Einendoch, mundanely known as Doug Whats-His-Face, would like to express my thanks and appreciation to all of you for your participation in my Qualitative Research project for my English 102 class. All 23 questionnaires distributed were returned. The data has been handled as stated on the cover sheet. If you have any questions concerning the paper I would be happy to meet with you individually, privately, to discuss it.

Einendoch ✠

HEAR YE! HEAR YE!

rites of May

All Gentles in the Shire of Arn Hold (adults, children, visitors, and guests) are invited to attend the Rites of May, celebrating the end of winter and the start of spring.

This revel will be an afternoon of FUN, GAMES, and EATING. Be prepared to participate in active outdoor type games as, hopefully, played in the middle ages. I would suggest that you not wear your High Court Garb as it may get soiled during the playing of some of these games. The games and rules will be specified at the revel and will have both Children and Adult versions.

The non-adventurous may bring board games to the revel.

The Feast will consist of:
Cold Roast Beast,
Bread,
Green Salad,
Dessert, Obst Torte.

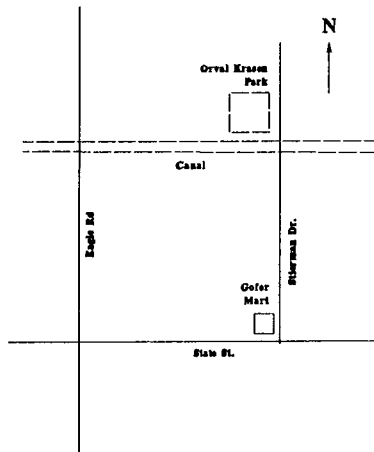
Please bring your beverage (wet site), feast gear, and portable chairs and tables if you have them.

The site is the Orval Krasen Park, Stiermann Rd, Eagle, starting time is 2:00 PM until it breaks up.

Fees:	Adult	Children
Site:	\$1.00	\$1.00
Feast:	\$4.00	\$2.00

Autocrat: Sweyn Halvhand Arnsson, 939-8233.

Feastocrat: Renate Gabrielle Granvogl von Ramsau, 939-8233.



ARN HOLD ARTS AND SCIENCE COMPETITION

Greetings Unto the Known World, the Shire of Arn Hold wishes to announce that its Arts and Science Competition will be held on Sunday, July 23. We will be awarding Champion, First, Second and Third place scrolls. A Champion must enter three or more categories. We will then take the average score of each entrant, if they have entered three or more categories, to find our Champion. First, Second and Third places will be awarded based on the average score of each entrant. Principality judging sheets will be used for the judging. The competition will be held at Vertrans Memorial Park on 36th and State Street. The site will open at 11:00 am for set up and registration. Site fee is \$2.00 for non-members and \$1.00 for members, smalls under 12 will be charged 1/2 of the adult fee. Please have your membership card with you when you pay or you will be charged the non-member fee. A 25¢ fee will be charged for each entry. Please make all checks payable to the "Shire of Arn Hold, SCA, Inc." Games will be available to play and the river is a short walk for those who wish to refresh themselves in the cool waters. We will also do some dancing if the great Atenveldt sun is merciful to us. A Share feast is planned so please contact the Autocrat to let her know what you would like to bring. Also if you need crash space call the Autocrat.

DIRECTION TO PARK: From I-84 take the Vista exit, go down Vista (headingsouth) past the train depot and it turns into Capitol Blvd., go down Capitol to the Capitol Building, turn left onto Jefferson, then turn right at the next light which is 8th Street, turn left onto State Street, follow State until you get to 36th. The park will be on the left side.

AUTOCRAT

Lady Els Merryweather
% Susan Gawron
5016 Albion
Boise, Idaho 83705
(208) 342-1385 evenings

Come one, come all to the CHERRY FESTIVAL AND MASKED BALL, June 17. The tournament is at Emmett City Park and the feast is at the Senior Citizens Center.

This great tourney is in conjunction with Gem County Cherry Festival and their Living Museum. So, ladies and gentle lords, wear your best tourney gear.

The tourney will be for a beautiful set of goblets. Come gentle lords come and fight for this great gift for you and your consort. The champion and his or her consort will be the guests of the head table during the feast and Masked Ball. There will be a \$1 entry fee for the fighters of the tourney.

Bring your mask or come as you are not, alternate personas encouraged (no mundane personas). Also, we will be having contests for our non-fighters, best costume, best new favor, most creative mask, most outlandish costume, etc.

The feast will start at 7 p.m. The hall opens for setup at 5:30. This is a discreetly wet site, beet and wine only, NO HARD ALCOHOL PLEASE. The feast fee is \$6, with a dollar discount for members, \$3 for smalls under 12. The site fee is \$2 for all who attend the feast and Masked Ball. Please make checks payable to SHIRE OF ARN HOLD.

Bring your feasting gear and table decor. Banners are encouraged.

Feast reservations must be paid by June 10, 1989 to Jo Anne Arent at 3979 Toms Cabin Road, Emmett, ID 83617.

Crash space will be available but limited, so make reservations in advance with Jo Anne Arent at (208) 365-2939. Please make reservations between 7 p.m. and 10 p.m. No pets please.

Autocrat: Joanna de Paladin
c/o JoAnne Arent
3979 Toms Cabin Road
Emmett, ID 83617
(208) 365-2939

Tournament Autocrat: Mantus Daglien
c/o Brian Williams
2343 S. Slope Rd.
Emmett, ID 83617

Masked Ball Autocrat: Lady Olivia di Ravenna
c/o Teresa Poole
716 13th Ave. S.
Nampa, ID 83651

Reeve's Report for Arn Hold
3/21/89 to 4/20/89

<u>Debits</u>	
Bank Service Charge	4.43
Keg for the Viking Bizarre	21.00
Update for the Ordinary	20.00
Deposit for Event Site, Cherry Festival	50.00

	95.43
 <u>Credits</u>	
Gate at the Viking Bizarre	30.00

	30.00
 Balance, 4/20/89	 330.05

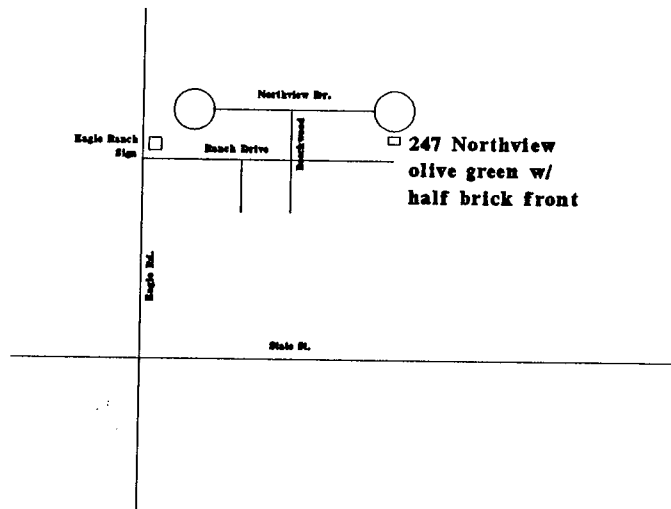
In service to the Ideals of the Society for
Creative Anachronism,

Ingvarr Vekerrson

**Attention!!
All Musicians and
Music Lovers**

*Music Practices will be held
every Tuesday night
at Renate's house (see map),
starting at 7:00 p.m.*

Come on out and join us.



May 9 - Tatting Workshop 7:30 home of Lady Els
We will be working on the clover leaf edging. Please bring your tatting shuttle wound with thread (size 10 or 20 weight) and bring a ball of thread of the same weight but a different color. Again if you don't have a tatting shuttle or want to try tatting before you buy one I will have a few available to use during the workshop. If you have any questions or need directions call me.
Lady Els 342-1385

May 21 - Pincushion Workshop in Hardanger
Home of Lady Els at 2:30
We will be learning the basic hardanger stitches for this project. Materials needed; Hardanger fabric (22 count) linen can also be used (26 or 27 count), pearl cotton size 5 embroidery floss the same color as your pearl cotton, 1 tapestry needle size 24 or 26
If you would rather purchase enough for just the project I will have materials available for \$2.00 this includes your thread. Please your own embroidery hoop if you use one.
If you have questions or need directions please call. Lady Els 342-1385

In June we will be doing a scissor case in Brazillian Embroidery, but I have not picked the date for that workshop.

